



## TNHC 2022 Group Meetings

January 5th, Wed 7:30-9:00 pm EST Live Client Interview with Kate

January 13th, Thurs 12:00-1:30 pm EST Conducting NFPE and Anthropometrics Virtually with Rebecca

January 19th, Wed 7:30-9:00 pm EST Lab Testing: Blood chemistries and CBC with Rebecca

February 2nd, Wed 7:30-9:00 pm EST Live Client Interview with Kate

February 10th, Thurs 12:00-1:30 pm EST Marketing Meeting: 2022 Goal planning & income projections with Sunny

February 16th, Wed 7:30-9:00 pm EST Kidney Health - CKD and other topics with Sunny

March 2nd, Wed 7:30-9:00 pm EST Live Client Interview with Kate

March 10th, Thurs 12:00-1:30 pm EST Detoxification and Biotransformation: Review of labs and protocols with Rebecca

March 16th, Wed 7:30-9:00 pm EST Metabolic Syndrome, Type 2 Diabetes and Hyperlipidemia with Rebecca

April 6th, Wed 7:30-9:00 pm EST Live Client Interview with Rebecca

April 14th, Thurs 12:00-1:30 pm EST Marketing Meeting: Get serious about your audience with Sunny

April 27th, Wed 7:30-9:00 pm EST Supplements: When? How? and What? with Kate

May 4th, Wed 7:30-9:00 pm EST Live Client Interview with Rebecca

May 18th, Wed 7:30-9:00 pm EST Adrenal Health: Review of labs and protocols with Rebecca

May 26th, Thurs 12:00-1:30 pm EST Thyroid Health: Review of labs and protocols with Sunny

June 1st, Wed 7:30-9:00 pm EST Live Client Interview with Rebecca

June 9th, Thurs 12:00-1:30 pm EST Marketing Meeting: Website revamp with Sunny

June 15th, Wed 7:30-9:00 pm EST Counseling Skills with Kate

July 6th, Wed 7:30-9:00 pm EST Live Client Interview with Keren

July 14th, Thurs 12:00-1:30 pm EST Gut Health: SIBO and Other Infections with Rebecca

July 20th, Wed 7:30-9:00 pm EST Food Allergies and Sensitivities with Kate

August 3rd, Wed 7:30-9:00 pm EST Live Client Interview with Keren

August 11, Thurs 12:00-1:30 pm EST Marketing Meeting: Refining your offerings with Sunny

August 17th, Wed 7:30-9:00 pm EST Herbal Medicine: Incorporating into your nutrition practice with Rebecca

September 7th, Wed 7:30-9:00 pm EST Live Client Interview with Keren

September 15th, Thurs 12:00-1:30 pm EST (3rd Thursday) Neurocognitive Health: Dementia and other conditions with Rebecca

September 21st, Wed 7:30-9:00 pm EST Gut Health: Functional Bowel Issues with Kate

October 5th, Wed 7:30-9:00 pm EST Live Client Interview with Kate

October 13th, Thurs 12:00-1:30 pm EST Marketing Meeting: Create a group program with Sunny

October 19th, Wed 7:30-9:00 pm EST Women's Health: Perimenopause and menopause with Rebecca

November 2nd, Wed 7:30-9:00 pm EST Live Client Interview with Kate

November 10th, Thurs 12:00-1:30 pm EST Women's Health: Fertility and PCOS with Guest Dr. Jennifer Champion

November 16th, Wed 7:30-9:00 pm EST Autoimmune Disease with Keren

December 7th, Wed 7:30-9:00 pm EST Live Client Interview with Kate

December 15th, Thurs 12:00-1:30 pm EST (3rd Thursday) Marketing Meeting: Create your 2023 social media strategy with Sunny

December 21st, Wed 7:30-9:00 pm EST Nervous System Health: Working with Trauma with Keren